




GREEN 2 GOLD

Newsletter

LCI

May 5, 2025

MAY 5	MAY 6	MAY 7	MAY 8	MAY 9
Red Dress Day National Day of Awareness for Missing and Murdered Indigenous Women and Girls and 2SLGBTQIA+ People PISA Assessments		The Teen Rollercoaster See page 2 for details	Provincial One Act Festival Held at the U of L City of Lights School Dance See page 4 for details	Provincial One Act Festival Held at the U of L
MAY 12	MAY 13	MAY 14	MAY 15	MAY 16
MAY 19	MAY 20	MAY 21	MAY 22	MAY 23
Victoria Day NO SCHOOL	PL Day NO SCHOOL FOR STUDENTS Indigenous Graduation Ceremony at Winston Churchill High School			Grad 2025 Convocation See LCI website for details 

EXAM SCHEDULE POSTED!



The June 2025 exam schedule has been post on our website.

Please click the following link to view a PDF copy of the schedule:
<https://lci.lethsd.ab.ca/download/493937>

IMPORTANT NOTE: EXAM DATES AND TIMES WILL NOT BE CHANGED FOR ANY REASON. WE APPRECIATE YOUR UNDERSTANDING.

The Teen Rollercoaster: Why It Happens and How to Ride It

**Wednesday, May 7, 2025
7:00pm | LCI Learning Commons**

LCI School Council is hosting a Parent Engagement Evening on Wednesday, May 7th at 7pm in the Learning Commons. Dr. Kendra Massie will be presenting “The Teen Rollercoaster, Why it Happens and How to Ride it.” This session is for parents of high schoolers and will explore teen behaviour—why it happens and how to respond with confidence and care. Grounded in research, the conversation will offer insights into what’s driving your teen’s actions, along with practical tips to strengthen your relationship, improve communication and support emotional growth during these pivotal years.

Dr. Massie is a clinical psychologist with nearly 20 years of experience working with youth, caregivers, families and educators.

Please use the QR code on the poster below to register for this event. This is just to give us an idea of numbers. Families should be encouraged to come even if they have not registered. We don’t want that to keep people from coming.

We have also extended the invitation for this evening to the School Councils of the Highschools in our Division, so feel free to bring a friend. We hope families can benefit from this opportunity!



FREE

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THE TEEN ROLLERCOASTER:

Why It Happens and How to Ride It

REGISTER TODAY

May 7, 2025
7:00PM - 8:00PM
LCI Learning Commons
1701 5th Avenue South

Dr. Kendra Massie is a clinical psychologist with nearly 20 years of experience working with youth, caregivers, families, and educators.

This session is for parents of high schoolers and will explore teen behavior—why it happens and how to respond with confidence and care.

Grounded in current research, the conversation will offer insights into what’s driving your teen’s actions, along with practical tips to strengthen your relationship, improve communication, and support emotional growth during these pivotal years.

REGISTER HERE



Important Graduation Dates

LCI's graduation ceremonies are fast approaching, and we thought this message would serve as a reminder for some upcoming important deadlines.

April 17th – May 9th

- Second round of dance tickets opens
- Graduates have an opportunity to purchase a second ticket for the dance while quantities last

Thursday, May 15th

- Graduate information meeting in the Large Gym at 11:30am – for graduates only.
- Grad packages will be handed out through lunch and periods 4 and 5 in the Large Gym.
- Only graduates or guardians can pick up grad package.

Friday, May 16th

- Left over packages will be available for pick-up in LCI's main office.

Friday, May 23rd – Convocation (3 – 6pm)

- Livestream link will be made available closer to the event.
- Final itinerary will be made available closer to the event.

Saturday, May 24th – Grand March (5:00pm – 7:30pm) & Dance (8-10pm)

- Livestream link will be made available closer to the event.
- Final itinerary will be made available closer to the event.



Tickets will be available to purchase on the bricks from Monday, May 2nd – Thursday, May 8th.

Friends from other schools can join, but their tickets must be purchased by Wednesday, May 7th

Rams & Clippers Corner

Monday, May 5

- JV Baseball vs CHS

Tuesday, May 6

- SV Softball vs CHS

Wednesday, May 7

- SV Boys Rugby vs CHS
- SV Girls Rugby vs Raymond
- JV Boys Rugby vs CHS
- JV Girls Rugby vs Raymond
- SV Baseball vs Prairie Wind

Saturday, May 10

- SV Softball Prairie Winds Tournament



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LCI XCOUNTRY PRESENTS:
DONUT DASH

KONICE IS COMING!

**PRIZES!
ACCESSORIES!
DONUTS!**

3K Run/Walk with 2 Donut Stations!

**TUESDAY, MAY 13, 2025
KINSMEN PICNIC SHELTER
HENDERSON LAKE PARK**

REGISTER NOW!

THANK YOU TO OUR SPONSORS!

gowest BILLBOARDS

PC POLLOCK & CO.

SPORT MEDICINE CENTRIC

STOKES Pharmacy

Sun Dental GROUP

RS RUNNERS SOUL
PREPARE YOU FOR THE RUNNERS SALE

Free Virtual Tutoring with the Lethbridge Helpers

Launching May 4, 2025

Hannathalie, the Executive Director of The Lethbridge Helpers, has reached out because they have exciting news for our students!

"We are excited to announce that The Lethbridge Helpers, in partnership with the YWCA Lethbridge and District, will officially **launch May 4th, 2025**. This volunteer-run initiative offers free **virtual tutoring to K-12 students**. We are established to ensure that all students receive the academic support they require to become fearless learners.

Our dedicated tutors, composed of university students and working professionals, provide one-on-one virtual sessions in various core **subjects like Math, Science, and English**.

Starting May 4, students can register through this link: <https://www.thelethbridgehelpers.com/>

We are also on Instagram, you can follow us @thelethbridgehelpers

We look forward to helping your students reach their full potential!"

Please click here to view a PDF of the Important Dates for the Dual Credit program:
<https://lci.lethsd.ab.ca/download/493491>

Lethbridge Polytechnic Dual Credit Fall Semester

DUAL CREDIT PROGRAMS

FALL SEMESTER



Contact Us

Lethbridge School Division
Phone: 403-380-5300
Address: 433 15th Street South
Lethbridge, Alberta, T1J 2Z4
www.lethsd.ab.ca



Registration is Open!

See the Division website (www.lethsd.ab.ca) for a full list of Lethbridge Polytechnic Dual Credit Programs available.

*Dual Credit TRADEs programs are currently full for the 2025-2026 school year.

For more information, email Mr. Krul at andrew.krul@lethsd.ab.ca.

If you are interested in a Dual Credit Program with Lethbridge Polytechnic, submit an 'Intent to Register' form here:

Fall 2025 Intent to Register- Dual Credit- Lethbridge Polytechnic



Spaces are limited

Deadline to submit is June 6th, 2025