



GREEN 2 GOLD

Newsletter

LCI

April 28, 2025

APRIL 28	APRIL 29	APRIL 30	MAY 1	MAY 2
<p>Regular Classes Resume</p> <p>Smile Cookie Campaign See page 3 for details</p>	<p>DEHR Art Show and Sale See page 5 for details</p>			<p>Community Clothing Giveaway See page 4 for details</p>
MAY 5	MAY 6	MAY 7	MAY 8	MAY 9
<p>Red Dress Day National Day of Awareness for Missing and Murdered Indigenous Women and Girls and 2SLGBTQIA+ People</p> <p>PISA Assessments</p>			<p>City of Lights School Dance See page 4 for details</p>	
MAY 12	MAY 13	MAY 14	MAY 15	MAY 16

EXAM SCHEDULE POSTED!



The June 2025 exam schedule has been post on our website.

Please click the following link to view a PDF copy of the schedule:
<https://lci.lethsd.ab.ca/download/493937>

IMPORTANT NOTE: EXAM DATES AND TIMES WILL NOT BE CHANGED FOR ANY REASON. WE APPRECIATE YOUR UNDERSTANDING.

The Teen Rollercoaster: Why It Happens and How to Ride It

**Wednesday, May 7, 2025
7:00pm | LCI Learning Commons**

LCI School Council is hosting a Parent Engagement Evening on Wednesday, May 7th at 7pm in the Learning Commons. Dr. Kendra Massie will be presenting “The Teen Rollercoaster, Why it Happens and How to Ride it.” This session is for parents of high schoolers and will explore teen behaviour—why it happens and how to respond with confidence and care. Grounded in research, the conversation will offer insights into what’s driving your teen’s actions, along with practical tips to strengthen your relationship, improve communication and support emotional growth during these pivotal years.

Dr. Massie is a clinical psychologist with nearly 20 years of experience working with youth, caregivers, families and educators.

Please use the QR code on the poster below to register for this event. This is just to give us an idea of numbers. Families should be encouraged to come even if they have not registered. We don’t want that to keep people from coming.

We have also extended the invitation for this evening to the School Councils of the Highschools in our Division, so feel free to bring a friend. We hope families can benefit from this opportunity!

The poster is for an event titled "THE TEEN ROLLERCOASTER: Why It Happens and How to Ride It". It features a dark blue background with yellow and green curved accents. A yellow banner in the top left corner says "FREE". At the top center is the LCI logo with the motto "PRO SCOLA ET PRO PATRIA". Below the title, it says "REGISTER TODAY" and provides the date "May 7, 2025", time "7:00PM - 8:00PM", and location "LCI Learning Commons, 1701 5th Avenue South". A circular portrait of Dr. Kendra Massie, a woman with curly hair and glasses, is on the right. Below the portrait, it states: "Dr. Kendra Massie is a clinical psychologist with nearly 20 years of experience working with youth, caregivers, families, and educators." At the bottom left, a paragraph describes the session: "This session is for parents of high schoolers and will explore teen behavior—why it happens and how to respond with confidence and care." Below this is another paragraph: "Grounded in current research, the conversation will offer insights into what’s driving your teen’s actions, along with practical tips to strengthen your relationship, improve communication, and support emotional growth during these pivotal years." On the bottom right, there is a QR code and the text "REGISTER HERE" with an arrow pointing to the QR code.

Important Graduation Dates

LCI's graduation ceremonies are fast approaching, and we thought this message would serve as a reminder for some upcoming important deadlines.

April 17th – May 9th

- Second round of dance tickets opens
- Graduates have an opportunity to purchase a second ticket for the dance while quantities last

Thursday, May 15th

- Graduate information meeting in the Large Gym at 11:30am – for graduates only.
- Grad packages will be handed out through lunch and periods 4 and 5 in the Large Gym.
- Only graduates or guardians can pick up grad package.

Friday, May 16th

- Left over packages will be available for pick-up in LCI's main office.

Friday, May 23rd – Convocation (3 – 6pm)

- Livestream link will be made available closer to the event.
- Final itinerary will be made available closer to the event.

Saturday, May 24th – Grand March (5:00pm – 7:30pm) & Dance (8-10pm)

- Livestream link will be made available closer to the event.
- Final itinerary will be made available closer to the event.

Save The Date

April 28-May 4

Purchase a cookie for a good cause or volunteer to help out.

Everyone is welcome to show their support.



[LEARN MORE](#)



Spring Smile Cookie Campaign

Running April 28 - May 4, Lethbridge School Division Poverty Intervention-Direct Services is proud to partner with Tim Hortons Lethbridge for the **Spring Smile Cookie Campaign**.

All proceeds will go towards supporting students within our Division with essential resources like winter attire, emergency food hampers, school based nutrition and hygiene supplies.

We need all the help we can get from volunteer cookie makers, to simply purchasing a cookie during that week to make the campaign successful!

For more information, please visit the following website:
<https://smilecookiecampaign.schoolsites.ca/>

COMMUNITY CLOTHING GIVEAWAY

FRIDAY MAY 2ND 3PM - 7 PM

SATURDAY MAY 3RD 9 AM - 1 PM

LOCATION: THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS
2420-28TH ST. S (EAST OF ENMAX ON SCENIC DRIVE)



DONATIONS OF GENTLY USED CLOTHING ACCEPTED. (NO STAINS, RIPS, OR TEARS)
BRING CLEAN ITEMS BAGGED AND LABELED SORTED BY SIZES

DROP OFF DONATED CLOTHING WEDNESDAY APRIL 30TH 6 AM-8 PM
THURSDAY MAY 1ST 10 AM-2 PM

WEST ENTRANCE THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS
2420-28TH ST. S (EAST OF ENMAX ON SCENIC DRIVE)

VOLUNTEERS NEEDED PLEASE CONTACT
COMMUNITYCLOTHINGGIVEAWAY@GMAIL.COM



City of Lights

SCHOOL DANCE

Dress Code: Formal

MAY 8TH
7:00 - 10:00 PM
LCI
CAFETERIA

Tickets for sale May 5-8

\$2 Each

Guests from other schools, grades
9-12 welcome!

Free Virtual Tutoring with the Lethbridge Helpers

Launching May 4, 2025

Hannathalie, the Executive Director of The Lethbridge Helpers, has reached out because they have exciting news for our students!

"We are excited to announce that The Lethbridge Helpers, in partnership with the YWCA Lethbridge and District, will officially **launch May 4th, 2025**. This volunteer-run initiative offers free **virtual tutoring to K-12 students**. We are established to ensure that all students receive the academic support they require to become fearless learners.

Our dedicated tutors, composed of university students and working professionals, provide one-on-one virtual sessions in various core **subjects like Math, Science, and English**.

Starting May 4, students can register through this link: <https://www.thelethbridgehelpers.com/>

We are also on Instagram, you can follow us @thelethbridgehelpers

We look forward to helping your students reach their full potential!"

Opening Weekend – Sat, May 3 | 10-12:30

WANNA RACE?

All ages welcome · No experience necessary

No BMX bike? No full-face helmet? No problem.
We have loaner bikes and helmets available so you can give it a try.

What you do need to bring:
Covered shoes, long pants, and a long-sleeved shirt.



For more information, visit
www.LethbridgeBMX.com

DEHR

ART SHOW AND SALE



GALT MUSEUM AND ARCHIVES
APRIL 29TH, 2025
6-7 P.M.

PROCEEDS GO TO
5TH ON 5TH YOUTH SERVICES

Lethbridge Polytechnic Dual Credit Fall Semester

DUAL CREDIT PROGRAMS

FALL SEMESTER



Contact Us

Lethbridge School Division
Phone: 403-380-5300
Address: 433 15th Street South
Lethbridge, Alberta, T1J 2Z4
www.lethsd.ab.ca



LETHBRIDGE
POLYTECHNIC

Registration is Open!

See the Division website
(www.lethsd.ab.ca) for a full list of
Lethbridge Polytechnic Dual Credit
Programs available.

*Dual Credit TRADEs programs are currently
full for the 2025-2026 school year.

Form more information, email Mr. Krul at
andrew.krul@lethsd.ab.ca.

If you are interested in a Dual
Credit Program with Lethbridge
Polytechnic, submit an 'Intent to
Register' form here:

Fall 2025 Intent to Register- Dual
Credit- Lethbridge Polytechnic



Spaces are limited

Please click here to
view a PDF of the
Important Dates for
the Dual Credit
program:

<https://lci.lethsd.ab.ca/download/493491>

Deadline to submit is June 6th, 2025

Rams & Clippers Corner

Wednesday, April 30

- SV Boys Rugby vs WCHS
- JV Boys Rugby vs WCHS
- SV Baseball vs Eagle Butte

Thursday, May 1

- SV Clippers Softball @ Vauxhall

Friday, May 2, & Saturday, May 3

- Gr. 10-12 Badminton Provincials in Red Deer

Saturday, May 3

- Varsity Softball Tournament in Vauxhall

