





For the week of
October 1st, 2024

<p><u>Monday Sept 30th</u></p> <p>National Truth & Reconciliation Day</p> <p>No School</p>	<p><u>Tuesday Oct 1st</u></p>	<p><u>Wednesday Oct 2nd</u></p> <p>West side bus route W7 changes take effect today</p> 	<p><u>Thursday Oct 3rd</u></p> <p>Both W5 and S7 bus route changes takes effect</p> 	<p><u>Friday Oct 4th</u></p>
<p><u>Monday Oct 7th</u></p>	<p><u>Tuesday Oct 8th</u></p>	<p><u>Wednesday Oct 9th</u></p> <p>Parent Townhall LCI vs. New Westside High School</p>	<p><u>Thursday Oct 10th</u></p>	<p><u>Friday Oct 11th</u></p> <p>Bus Evacuation Drills for all Bus Students 8:00 am</p>
<p><u>Monday Oct 14th</u></p> <p>No School Thanksgiving</p>	<p><u>Tuesday Oct 15th</u></p> <p>Booking System for Parent Teach Interviews opens at 8:00 am</p>	<p><u>Wednesday Oct 16th</u></p>	<p><u>Thursday Oct 17th</u></p>	<p><u>Friday Oct 18th</u></p>

!!! Important Message of the Week !!!

LCI vs. New Westside High School

Last week, at our monthly School Council meeting, it was announced by representatives from the Lethbridge School Division that LCI would **NOT** be a priority for a modernization renovation or major construction project, but instead, the division would be prioritizing a new west side high school. This declaration came as a surprise to the parents on council who have been working feverishly on drumming up support for a much-needed improvement to the aging and outdated facilities at LCI.

As a result, LCI School Council will be hosting a special, Town Hall style, event for **ALL parents, students and community members** to attend on **Wednesday, October 9th at 7:00 pm** in the LCI Learning Commons. The council will highlight many of the pressures that LCI is facing. LCI School Council would like to strongly encourage all parents to come out and hear about the current state of LCI, as well as have their voices heard as to what they think the priorities should be. Please keep an eye out for an invitation from School Council outlining more details for that night.

Wednesday, October 9th at 7:00 pm in the LCI Learning Commons

Changes to Bus Routes

A message went out via school messenger indicating there will be changes to the following bus routes:

- **W7** – effective Wednesday October 2nd
- **W5** – Effective Thursday October 3rd
- **S7** – Effective Thursday October 3rd

Please check the Southland Transportation website for stops and times. Please check your routes regularly as they may continue to change: <https://www.southland.ca/lethbridge/>

Rams & Clippers Corner

Tuesday, October 1st

- JV Boys Volleyball @ CCH 6:00 pm
- SV Boys Volleyball @ CCH 7:30 pm

Wednesday, October 2nd

- South Zone Golf Championships
- LSAA X-Country Meet @ Nicolas Sheran
- Gr. 9 Boys Volleyball @ WCHS 4:00 pm
- Gr. 9 Girls Volleyball @ WCHS 4:00 pm
- JV Girls Volleyball @ MMHS 6:00 pm
- SV Girls Volleyball @ MMHS 7:30 pm



Friday, October 4th

- Rams Football in Idaho of US game

Friday & Saturday October 4th and 5th

- Gr. 9 Boys and Girls Volleyball are at the Sterling Tournament
- JV Boys and Girls Volleyball are travelling to the Spartan Tournament in Strathmore



**Alberta Health
Services**

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Child, Youth & Family

Addiction and Mental Health

In Person ADHD Parent Group

This is an educational group for parents and caregivers who want to learn about ADHD. The purpose of this group is to provide current introductory information around ADHD. This closed group consists of five ninety-minute sessions on these topics:

- What is ADHD and how to talk to you child/teen about it
- How medication, nutrition, exercise, and sleep impact ADHD
- How ADHD impacts self-regulation and the importance of co-regulation
- Tools for parenting a child/teen with ADHD
- Navigating school systems and community services

Upcoming Dates and Location

Tuesdays, November 5 – December 3, 2024, from 6-7:30 p.m.

Child, Youth and Family Addiction and Mental Health Clinic
Melcor Centre (Suite 120A 200 - 4 Ave. So.)

To register, call Access Addiction & Mental Health

1 888 594 0211