

Dear Parents & Guardians,

LCI School Council would like to make you aware of two important Parent Information nights that will be happening this fall:

**#1. Wednesday, September 21st @7:00 PM At Senator Joyce Fairbairn Middle School Atrium-** Bethany Mills, a Registered Psychologist and Certified Synergetic Play Therapist

Topic: **“Screen Use, Is it really that Bad?”**

She will be covering when screens can be beneficial, impacts of too much screen use, warning signs of problematic screen use, general tools to support healthy screen use. This will be hosted by SJF School Council and will be FREE for parents in our community. Please see the attached flier.

**#2. Thursday, November 3rd @7:00 PM At Chinook High School** - 'Save the Kids' speaker Nate Webb, a School Councillor and Certified Safety Educator and father

Specifics are still to come, but it will also be around the effects of screens, video games, and social media, on our youth. He will be speaking at 12 schools in our city.

This evening will be open to all parents in the whole division. (Also FREE!) Mark your Calendar!

We hope that many of you will be able to take advantage of these events!

\*\*\*Just as an added note, the School Council meeting on Tuesday, September 20th will be held in person in the LCI Learning Commons. We will also be streaming the meeting on Teams for those who cannot attend in person.

Tiffany Hill

LCI School Council Chair