

**FREE**

Virtual Workshop

# BUDDY UP CAMPAIGN

## MENS MENTAL HEALTH AND SUICIDE AWARENESS

**THURSDAY**

**JUNE 17**

**AT 7PM**

**JOIN ZOOM**  
**WORKSHOP**

OR PLEASE VISIT

**horizon<sup>+</sup>**

**FOR ZOOM DETAILS.  
(CLICK ON THE LOGO TO GO  
DIRECTLY TO THE SITE)**

Visit <https://www.buddyup.ca/about/> for more information about the Buddy Up Campaign.