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Every new beginning comes from some other beginning’s end ~ Seneca

It matters not what someone is born, but what they grow to be”

J.K. Rowling

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**November - Areas of Focus**

**Discovery Career Possibilities:**

You can do this through exploring intrests, hobbies, trying new expereiences, self-assesments, my blueprint: Who am I? and staying curious.

**Sign up for Student for a Day**

**Lethbridge College **

**Curious about what it’s like to be a student at Lethbridge College?**

**Our Student for a Day program will help you decide whether our school and programs are right for you.**

**If you are in Grade 11 or higher, we’ll pair you up with a current student in your program of choice and have you attend classes for the day. We’ll even buy you lunch!**

**Registration Details:** Explore Lethbridge College [programs](https://lethbridgecollege.ca/programs) and choose a program that best suits your interests. Can’t decide? You can participate in more than one Student for a Day! This is all done on-line. Complete the registration form on website. Within 2 weeks of registration you will receive a confirmation email with the date and time of your visit. Attend Student for a Day! Follow up with Recruitment Services to discuss next steps, including attending an Open House or talking with a Career and Academic Advisor.

2 weeks’ notice is required  
We are here to help! If you have any questions please contact  
Recruitment Services at [403-320-3322](tel:403-320-3322) or email [info@lethbridgecollege.ca](mailto:info@lethbridgecollege.ca)

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**The U of L will pair you with a student volunteer in the program you're interested in, and you'll attend classes, labs and even go for lunch**.

**Register On-Line at**: [**https://www.uleth.ca/future-student/request/**](https://www.uleth.ca/future-student/request/)

**Upcoming Events**

**World of Choices – Womens Career Exploration Event**

**November 6, 2019**

Sign up with your Career Practitioner in the Wellness Centre

* Meet Career Mentors
* Explore a variety of possible Career Options
* Transportation and Lunch will be provided
* Interactive demonstrations and information about career post-secondary pathways will be discussed.
* Open to young ladies in Grades 10, 11, and 12



**Lethbridge College Open House- BE READY**

**November 7, 2019 (9:45 am-2:30 p.m.)**

* Take a tour of the Campus
* Speak with a Faculty Member
* Explore a wide range of Programs
* Apply on the spot
* Register and attend open house to enter a draw to win a tuition credit valued at $1,500
* **Free Busing will be provided from LCI to Lethbridge College, please see Amanda in the wellness centre to get permission forms.**

**National Addictions Awarness Information Booth- Alberta Health Services. November 25, 2019 @ Lunch**

**LCI Main Foyer**

* Check out interactive display
* Ask questions
* Get Accurate information to make informed decisions
* Prevention focused

**Scholarships**

**Scholarship Websites**

* [www.alis.gov.ab.ca](http://www.alis.gov.ab.ca)
* [www.aucc.ca](http://www.aucc.ca)
* [www.studentawards.com](http://www.studentawards.com)
* [www.scholarshipscanada.com](http://www.scholarshipscanada.com/)
* [www.canlearn.ca](http://www.canlearn.ca)
* [www.uleth.ca](http://www.uleth.ca)(search scholarships)
* [www.lethbridgecollege.ca](http://www.lethbridgecollege.ca) (search scholarships)



We also have a job board in the wellness centre that I update weekly with current job and volunteering positions so I encourage you to check it out!

Amanda McMahon

Career Practitioner

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**3 Reasons to Plan Your Career and Future**

The easiest way to explain why you should think about your future now is that getting what you want takes planning.

That goes for anything from a job, to a place to live, or a trip you want to take. No matter how simple or difficult the goal, or how soon or far off in the future, you need to take steps to reach it. Focus on what you want. When people tell you to choose a career, they really mean use your interests, passions, values, skills, and strengths to guide your choices.

**Why does planning work?**

Planning is about doing what it takes to get to where you want to go.

**Planning works because:**

* Picturing your goals can motivate you and keep you focused.
* Planning how to reach your goals helps you set priorities and stay organized.
* Sometimes you need to do things in a certain order, so it’s important to know where to start.

Top of Form

Bottom of Form